



# Saturn Grill

6432 Avondale Dr. ■ Nichol Hills Plaza  
10:30 am to 9:00 pm ■ Monday thru Saturday

## Sandwiches

405-843-7114

Served with home made dill pickles and our famous mustard potato salad!

- #1 West Coast Turkey Club**  
with spinach, tomato, bacon, avocado, alfalfa sprouts & mayo on honey wheat..... \$7.75
- #2 Seared Caribbean Jerk Chicken**  
with grilled onions, tomato, spring lettuce & Curry-lime mayo wrapped in flat bread... \$7.70
- #3 Blackened Salmon**  
with fresh spinach, tomato, red onion & horseradish sour cream on flat bread..... \$8.95
- #4 Saturn's Grilled Chicken**  
Grilled chicken, spring lettuce, tomato, melted swiss & honey mustard on flat bread.... \$7.75
- #5 Spicy Steak Sandwich**  
Thinly sliced beef with melted swiss, grilled onions, B-B-Q mayo on flat bread..... \$8.95
- #6 Italy's Best**  
Shaved ham, pepperoni, fresh mozzarella, parmesan, spring lettuce, tomato, onion, hot peppers, herb vinaigrette on flat bread..... \$7.75
- #7 SBLT**  
Swiss cheese, bacon, spring lettuce, tomato & honey mustard on toasted honey wheat..... \$7.50

## Daily Specials

- #50 Bowl of Soup**  
Selections posted daily..... \$3.95
- #51 Soup & Salad**  
Your choice of any daily soup & any side salad..... \$7.50
- #52 Triple Salad**  
Chicken salad, sweet strawberry / spinach salad & fresh fruit..... \$7.95
- #53 Skinny Chick & Salad**  
Grilled chicken breast with any side salad..... \$7.95
- #54 The Saturn Ring**  
One-half chicken salad sandwich, soup of the day, cookie & a drink..... \$8.50
- #56 Fresh Fruit & Vanilla Yogurt**  
Topped with crunchy granola..... \$4.50
- #57 Half Sandwich with Soup or Salad**  
Your choice of any half-sandwich & any daily soup or any side salad..... \$7.75
- #58 Skinny Salmon & Salad**  
Grilled salmon with your choice of any side salad..... \$8.95

## Salads

- #30 Sweet Strawberries & spinach**  
Fresh spinach, strawberries, pecans & coconut tossed with lime poppy seed dressing.. \$7.75
- #31 Tomato Mozzarella**  
Mixed green salad with tomatoes, fresh mozzarella, basil, extra virgin olive oil, pesto, parmesan & hand-ground black pepper with our vinaigrette..... \$7.75
- #32 Classic Caesar**  
Grilled chicken, Romaine lettuce, Caesar dressing, parmesan cheese & black pepper.... \$7.50
- #34 Fresh Fruit & Spinach Salad**  
Fresh-cut, seasonal fruit over spinach & drizzled with lime poppy seed dressing..... \$7.75
- #35 Thai Broccoli Salad**  
Broccoli, spicy Thai noodles, Nappa cabbage, shaved carrots, green onion, cilantro, sesame & sunflower seeds tossed in a brown sugar-soy vinaigrette..... \$7.50
- #36 Saturn's Mixed Green Salad**  
Mixed greens with tomato, cucumber, goat cheese, Kalamata olives & red onions topped with herbed vinaigrette..... \$7.25
- #37 Grilled Salmon Caesar**  
Grilled Salmon, Romaine lettuce, Caesar dressing, parmesan cheese & black pepper.... \$8.95

## Desserts

- Chocolate Chip Bread Pudding**  
with our lovely caramel sauce..... \$3.50
- New Jersey Cheesecake**  
Smooth & creamy cheesecake topped with fresh strawberries & whipped cream..... \$3.50
- Assorted Cupcakes**  
Chocolate Mocha, Vanilla-Vanilla, Chocolate-Vanilla and Red Velvet..... \$1.95
- Original or Chocolate-Dipped Cannoli**  
Sweetened, whipped ricotta cheese, mini chocolate chips, a dash of cinnamon surrounded by a crisp pastry shell dusted with powdered sugar..... \$2.75
- Cookies**  
Several delicious selections..... \$ .99
- Brownies**  
Double-layer, Belgian chocolate filled..... \$3.50

- #8 Meatloaf Sandwich**  
Meatloaf seared on the flat-top grill with tomatoes, B-B-Q mayo on flat bread..... \$7.75
- #9 Portabella Mushroom Sandwich**  
Grilled portabella strips with fresh spinach, tomato, melted swiss & pesto mayo on flat bread..... \$7.75
- #10 Grilled Veggie**  
Zucchini, portabella mushroom, red onion, red pepper, spinach, tomato & pesto mayo on flat bread..... \$7.25
- #11 Chicken Salad Sandwich**  
slightly spicy & sweet chicken salad with fresh spinach & mayo on honey wheat..... \$7.25
- #12 Spicy Turkey**  
Thinly sliced grilled turkey, bacon, melted swiss, grilled onion, hot peppers & red chili mayo on flat bread..... \$7.95

## Pizza Pies

- #20 Tomato Basil & Fresh Mozzarella**  
No sauce! Just tomato, basil & mozzarella cheese..... \$7.75
- #21 Pepperoni & Portabella Mushroom**  
Red sauce, pepperoni & portabella mushrooms..... \$7.75
- #22 Grilled Veggie Pie**  
Zucchini, red onion, red bell pepper, portabella mushrooms, spinach pesto & mozzarella..... \$7.50
- #24 Rustic Roman Pie**  
Red sauce, roma tomato, red onion, fresh basil, mozzarella, goat cheese & Kalamata olives..... \$7.75
- #25 Grilled Chicken Alfredo**  
Alfredo sauce, grilled chicken & mozzarella cheese..... \$7.75
- #26 Cheese Pizza**  
Red sauce, mozzarella & parmesan..... \$7.50
- #28 Italian Flag Pizza**  
Red sauce, pesto, fresh spinach, goat cheese & mozzarella cheese..... \$7.75
- #29 Shrimp Pizza**  
Sun dried tomatoes, mozzarella, garlic and basil..... \$8.95
- Add a small side salad with pizza..... \$1.95
- Add a regular side salad with pizza..... \$3.95

## Pastas

- #40 Cheese Tortellini**  
with pesto cream sauce, sun-dried tomatoes, fresh spinach & parmesan..... \$7.75
- #41 Fettuccine Carbonara**  
with roasted garlic cream sauce, mushrooms, green peas, bacon, parmesan & fresh basil..... \$7.75
- #42 Penne Arrabiata**  
with spicy tomato-garlic sauce, fresh spinach, fresh basil, black olives, parmesan & extra-virgin olive oil..... \$7.50
- Add Chicken to any pasta or salad..... \$2.95
- Add Salmon to any pasta or salad..... \$3.95
- Add Shrimp to any pasta or salad..... \$3.95
- Add a small side salad..... \$1.95
- Add a large side salad..... \$3.95

## Kids Stuff

12 & under!

- Kids meals come with a fountain drink or Izzie and a cookie or fruit..... \$4.95
- #75 Mini Cheese Pizza**
- #76 Ham & Swiss on White with Mayo**
- #77 Grilled Cheese**
- #78 Triple-layer Peanut Butter & Jelly**

## Beverages

- Sodas - Coffee - Teas..... \$1.85
- Bottled Beverages..... \$1.00 - \$2.50